

Allergen Matrix

Lifton Autumn/Winter 2025

Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
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Pri 5 Bean Chilli



Pri Apple Cake



Pri Baked Beans

Pri Banana Mousse Whip



Pri Baton Carrots



Pri Breaded Fish 60g



Pri Broccoli & Cauliflower
Cheese Bake



Pri Broccoli Fresh



Pri Brunch

-  Celery
-  Crustaceans
-  Eggs
-  Fish
-  Gluten
-  Lupin
-  Milk
-  Molluscs
-  Mustard
-  Nuts
-  Peanuts
-  Sesame
-  SO2
-  Soya

Pri Cajun Butternut & Bean Burger

Pri Cheese & Bean Pasty

Pri Chicken & Vegetable Casserole

Pri Chicken Bites

Pri Chinese Style Vegetable & Bean Noodles

Pri Chips

Pri Chocolate Squash Brownie

Pri Coleslaw (Raw)

Pri Devon Beef Bolognaise ONLY

Pri Devon Beef Chilli ONLY

Pri Devon Beef Cottage Pie



Wheat

Wheat

Wheat

Wheat



Wheat



-  Celery
-  Crustaceans
-  Eggs
-  Fish
-  Gluten
-  Lupin
-  Milk
-  Molluscs
-  Mustard
-  Nuts
-  Peanuts
-  Sesame
-  SO2
-  Soya

Pri Fine Green Beans

Pri Fish Fingers

- 
-  Wheat

Pri Fresh Fruit Salad

Pri Fruit Jelly Trifle



Pri Fruit Platter

Pri Fruit Salad & Ice Cream



Pri Garlic Bread Slice

-  Wheat



Pri Gravy

Pri Homemade Focaccia Bread

-  Wheat

Pri Homemade Tomato & Herb Bread

-  Wheat



-  Wheat



Pri Iced Bun



-  Wheat



-  Celery
-  Crustaceans
-  Eggs
-  Fish
-  Gluten
-  Lupin
-  Milk
-  Molluscs
-  Mustard
-  Nuts
-  Peanuts
-  Sesame
-  SO2
-  Soya

Pri Indian Kachumber Salad

Pri Jacket Potato with Beans & Salad

Pri Jacket Potato With Cheese & Salad

Pri Jacket Potato With Cheese, Beans & Salad

Pri Jacket Potato with Tuna Mayonnaise & Salad

Pri Lemon Drizzle Cake

Pri Lentil & Vegetable Curry ONLY

Pri Macaroni Cheese

Pri Margherita Pizza

Pri Mashed Potato

Pri Meringue Topped Strawberry Mousse



[illegible]

- Celery
- Crustaceans
- Eggs
- Fish
- Gluten
- Lupin
- Milk
- Molluscs
- Mustard
- Nuts
- Peanuts
- Sesame
- Soya
- SO₂

Pri Red Pepper Frittata

Pri Roast Chicken

Pri Roast Gammon

Pri Roast Pork Leg

Pri Roast Potatoes

Pri Roasted Vegetable & Mozzarella Tartlet

Pri Salad (Sticks - Carrot & Cucumber)

Pri Salad (Tomato, Cucumber & Iceberg)

Pri Salmon Fingers

Pri Shredded Savoy Cabbage

Pri Sweetcorn



Wheat
(Barley*, Oats*)



Wheat



- Celery
- Crustaceans
- Eggs
- Fish
- Gluten
- Lupin
- Milk
- Molluscs
- Mustard
- Nuts
- Peanuts
- Sesame
- Soya
- SO2

Pri Tomato & Mozzarella Pasta Bake

Pri Tortilla Chips

Pri Vegan Bolognese ONLY

Pri Vegetable & Mixed Bean Lasagne

Pri Vegetable Quiche

Pri Vegetarian Brunch

Pri Vegetarian Sausage

Pri Wedges

Pri White & Wholegrain Rice

Pri White & Wholewheat Penne

Pri Yorkshire Pudding
Vegetable Cottage Pie

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